

CERES[®] Seating

COMPARATIVE ERGONOMICS



HON

HOW CERES MEASURES UP

When you're in the market for workplace seating, you're in the market for comfort. Adjustability and ergonomics are right up there, too. On some level, every work chair on the market may claim to deliver these attributes. But there are ways to test and measure such things, and that's just what HON did with their Ceres work chair.

We asked The Human Performance Lab at Des Moines University to evaluate the Ceres chair against two primary competitors in its price category. The names and manufacturers of the chairs were not disclosed.

Four university researchers from The Performance Lab—each with a relevant area of expertise (biomechanics, physical therapy, occupational therapy, and ergonomics)—oversaw the study. In all, a group of 18 end-users participated. Participants were evenly divided among men and women, and represented diverse body types. Here's what they found...

SEAT PAN

For both users and experts, Ceres was noted for providing exceptional comfort for casual and long-term use.

SEAT HEIGHT

Users needed zero training to raise and lower the Ceres seat height to their individual comfort level. Experts felt the Ceres seat height adjustment was easier to access and engage than its competitors.

BACKREST

Here, users gave Ceres its highest score. Experts agreed. According to their report, the mesh backrest of the Ceres work chair distributes pressure evenly in all seated positions.

ARMRESTS

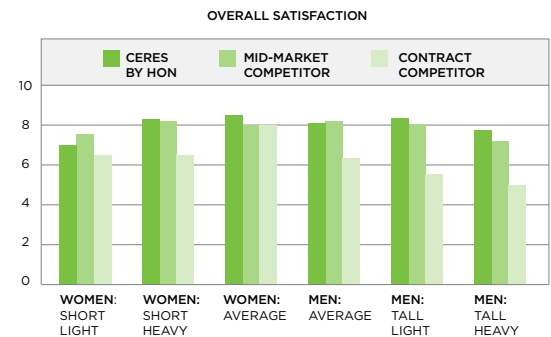
Ceres was the clear favorite in terms of armrest versatility, ease of use, and effectiveness.

TILT TENSION

With Ceres, experts found the sliders that adjust tilt tension and engage the tilt lock to be easy to access and simple to use.

CHOOSING A FAVORITE

Experts and users gave a strong nod to Ceres, mainly due to its superior comfort and easy-to-access adjustments. When comparing the three chairs overall—in terms of ease of use, aesthetic appearance, and comfort level—people favored Ceres.



CRUNCHING THE DATA

Ceres ranked tops for the following criteria related to comfort and adjustability. Scores reflect the average responses of all users—both women and men of various body types.

	CERES BY HON	MID-MARKET COMPETITOR	CONTRACT COMPETITOR
Overall comfort	8.1	8.0	5.4
Overall appearance	8.4	7.9	6.6
Backrest comfort	8.2	7.9	5.9
Mid/upper back support at various recline positions	7.9	7.8	6.0
Seat edge contour comfort	8.8	8.3	6.3
Seat pan/cushion comfort	8.5	7.4	6.3
Usability and range of seat pan depth adjustments	8.1	7.9	1.6
Ease of seat pan depth adjustment while sitting	8.6	8.2	1.6



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ABOUT THE HON COMPANY

Inspired by practicality and invested in understanding the needs of its customers, The HON Company strives to establish meaningful connections resulting in product solutions and customer support that exceed market demands. As a leading designer and manufacturer of workplace furniture including chairs, storage, panel systems, tables and desks, HON's commitment to serving its customers is rooted in reliable performance and a member culture that is approachable, confident, smart and ready to serve. Headquartered in Muscatine, Iowa, The HON Company has numerous manufacturing facilities strategically located throughout the United States, and markets its products through a nationwide network of loyal dealers and retailers. The HON Company is an operating company of HNI Corporation (formerly HON INDUSTRIES). For more information, visit hon.com.